

Oregon Medical Weight Loss Store Menu				SUPPLEMENTS	MAINTENANCE SNACKS
Name:		Date:		Multivitamins \$10	Crunchies \$2/bag
OMWL All-Natural		Protein Bars 7/box	Amt.	Vitamin D Drops \$20	(10g Protein, 130-150 cal)
Protein Powder \$22	Amt.	Choc Graham Crunch \$21		Magnesium \$11	Same flavor 3/\$5.00 or 5/\$7.00
(190 cal, 18g Protein, 11/bag)		Totally Toffee \$21		B 12 \$25 (*6 for \$125)	Ranch Chips
Chocolate				Lipo B \$40 (6 for \$200)	BBQ Chips
Vanilla		NutriMed \$19		PGX Sooth Digest \$45	Sea Salt & Vinegar Chips
Strawberry		Caramel Cocoa		Capsiate \$90	Honey Mustard Bites
Powder-In-Bottle \$2		Cinnamon Crunch		Bariatric Advantage	Cheddar Cheese Bites
(100 cal, 15g Protein, singles)		Dark Choc. S'mores		60 Multi Chew Bry \$17.25	Cinnamon Swirls
Chocolate		Double Berry Crunch		60 Calcium Chew Lm \$11.95	Drinks \$12
Mocha		Oatmeal Cinn. Raisin		30 Iron Chew RasChc \$13.25	(<100 calories, 15g Protein, 7/box)
Vanilla		Peppermint Cocoa Cr		21 Multi Punch \$21.95	Aloha Mango Smoothie
Smoothie Packets \$14		Mixed Variety Pack		60 Omega3 Chew \$17.95	Hot Chocolate
(100 cal, 15g Protein, 7/box)		OMWL \$17		30 Vit D3 10k IU Gels \$15.95	Variety Pack Fruit Drink
Strawberry Crème		Crispy Cinnamon Raisin		Fiber	
Berry Crème		Crispy Chocolate Peanut		Lemon Iced-Tea \$9	Books
Ready-To-Drink \$9		Crispy Double Chocolate		Mixed Fruit Punch \$9	Protein Power \$15
(160 cal, 15g Protein, 3/pack)		Crispy Lemon Meringue		Chicken Bouillon \$9	Protein Power Life \$15
Vanilla		Crispy Peanut Butter		Psyllium Seed Husk:	Mindless Eating \$15
Chocolate		Crispy PB & J		Powder \$12	Mindful Eating \$15
		Chewy Caramel Brownie		Capsules \$12	Younger N Y \$13
Blender Bottle \$9		Chewy Caramel Crunch			Younger N Y (W) \$13
		Chewy Dbl Peanut Butter		Food Journals	Younger N Y (J) \$13
Soup \$15		Chewy Peanut Butter		Pocket Food Journal \$4	Belly Fat Cure \$20
(90 cal, 15g Protein, 7/box)		Chewy PB & J		DietMinder Journal \$15	Good Food, Great
Cream of Chicken		Chewy Rocky Road		Videos	Med. Cookbook \$30
Cream of Tomato		Chewy Straw. Cheesecake		King Corn DVD \$12	Low Carb Comfort
Beef Soup w/Pasta		Chewy Variety Pack			Food Cookbook \$16
		Crispy Variety Pack		Seminars	Food Rules \$11
				Start-Up Curriculum \$20	Calorie King \$10
Pre-Pay Food Packages:		approx. 6 weeks	\$630	Support Seminars \$12	Happy For No Reason \$15
			-10%	Email_____ or DVD_____	Happy For No Reason CD \$25
			\$567		Women, Food&God \$24
		approx. 3 weeks	\$300	TOTAL \$	The End of Overeating \$16
			-5%	Pre-Pay \$	The Skinny Book \$25
			\$285		The Primal Blueprint \$26